Brittany J. Green

The Sounds You Left Behind

for mezzo-soprano, flute, cello, and piano



Program Notes

Sounds can evoke emotionally charged memories. Scientists have found that sensory information is often coupled with emotional information, allowing sounds to acquire an emotional meaning. Using the text of Sonia Sanchez's "Poem No. 3," this *The Sounds You Left Behind* explores the sounds of loss, emptiness, content, and reflection.

Text

"Poem No. 3" - Sonia Sanchez (b. 1934)

I gather up

each sound

you left behind

and stretch them

on our bed.

each nite

I breathe you

and become high.

"Poem No. 3" from Shake Loose My Skin: New and Selected Poems by Sonia Sanchez
Copyright © 1999 by Sonia Sanchez
Reprinted with permission of Beacon Press, Boston
All rights reserved

Performance Notes

Accidentals apply to the notes they directly precede, and last throughout ties.

Pitches in brackets should be repeated rapidly in any order and with any rhythmic pattern for the duration of the measure.

Notation Key



Pitch should be performed with flutter tongue.







Pitch should be performed as tongue pizzicato.

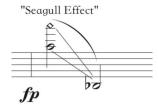
Pitches should be performed as a multi-phonic.



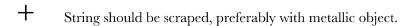


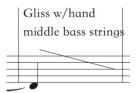
Pitch should be performed as a jet whistle.

Text should be spoken around the pitch indicated.



"Seagull Effect" - player should finger an interval of an octave and slide up and down the fingerboard in the direction indicated by the line. The interval fingered should remain the same throughout.

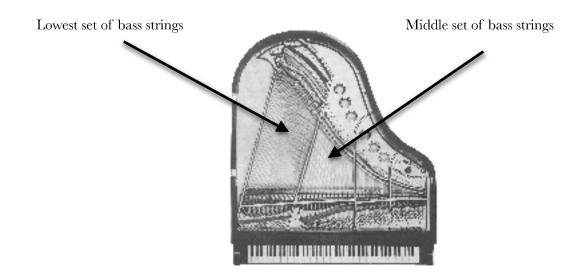




Player should perform a glissando with his/her hand on the middle set of bass strings (see below).



Player should strike the lowest set of bass strings (see below) while the pedal is down and let it ring. Keep pedal down until the sound finally washes out.



The Sounds You Left Behind

for voice, flute, cello, and piano

